

## WHERE TO GO FOR... *wellness*

### KING'S MANSION, GOA

If you can't decide between Western medicine and ancient Ayurveda, this palatial 17-suite property on the shores of northern Goa brings balance. Guests undergo pre-arrival genomics testing (in labs in their country of origin) with the results sent on ahead so that an individualised programme within one of five packages (such as detox or revitalisation) can be created.

Opens early 2021. [kingsmansiongoa.com](http://kingsmansiongoa.com)

### RUSH CREEK LODGE, YOSEMITE, USA

Don't go chasing waterfalls – let them come to you at Yosemite's Rush Creek Lodge. The 5,000sqft spa features its own indoor waterfall and river rock beds to recreate the rushing waters, granite formations and wellbeing boost of the National Park in which the resort sits. Try Boga yoga done on a stand-up paddle board tethered to the side of a 2,400sqft heated saltwater pool – or simply forest bathe in the region's revitalising O2. [rushcreeklodge.com](http://rushcreeklodge.com)

### NANA PRINCESS, CRETE

On its own private beach on the north of the island, and with low-level villas and suites with sunken pathways to ensure unbroken sea views, Nana Princess is fly-and-flop beach luxe at its finest. The large spa now offers a menu based on guests' Zodiac signs to suggest where balance is most needed. Leo? You're prone to holding stress in your upper back so a saffron-infused massage may suit. Sceptical? You're *such* a Taurus. [nanaprincess.gr](http://nanaprincess.gr)

### ZULAL WELLNESS RESORT, QATAR

This five-hectare wellness resort is set to be the largest in Qatar and the world's first centre for Traditional Arabic Islamic Medicine. With set-apart adults-only and family resorts, its therapies centre on the ideas of 11th-century physician-philosopher Avicenna and ancient pillars of medicinal herbs, diet, body-mind therapy and spiritual healing. The idea is to kick-start a holistic health journey. [chivasom.com/zulal](http://chivasom.com/zulal) ⓘ

# Where next?

From exclusive 'bubble' trips to an understandable enthusiasm for all things wellness and the outdoors – not to mention lots and lots of *space* – this is what luxury travel in 2021 looks like

**Words:** Charlotte Swift and Helen Whitaker

Photograph: Getty Images

#### GO THE DISTANCE

A jetty on the shore of Hopfensee lake, Bavaria, with the Tannheim mountains in the background





## | ↑ | BUXTON CRESCENT, UK

The transformation of this Grade I-listed, 18th-century spa town building into a hotel was 17 years in the making, but the five-star result opened in October – becoming an impressive first UK property from thermal wellness aficionados Ensana Hotels. Set in the stunning Peak District and built in the same half-moon shape as its counterpart in Bath, it's set to become the Midlands' capital of water wellness. The Georgian building features 81 rooms and suites that have classic but subtle design touches and there are three pools in which to 'take the waters', including an indoor-outdoor rooftop pool with views of the countryside, a relaxation pool and a refurbished Victorian thermal pool – filled with Buxton mineral water from the region's own springs, naturally. [ensanahotels.com/buxton](https://ensanahotels.com/buxton)



## | ↑ | CHENOT PALACE WEGGIS, SWITZERLAND

Fresh from a 2020 summer opening, this state-of-the-art medical spa retreat on Lake Lucerne promises a 'science-based approach to wellness'. Guests are thoroughly assessed on arrival and get a treatment schedule tailored to their body and lifestyle within parameters such as 'Recover and Energise'. The palace also boasts medical-grade staff, an in-house blood lab, cryo and altitude chambers and four high-tech sleep rooms to get to the root causes of insomnia. [chenotpalaceweggis.com](https://chenotpalaceweggis.com)



## FIVE SLOW ADVENTURES

by Anna Hart

### Ibiza, Spain

Before Ibiza became a party island, it was a boho idyll. Locals predict a return to its former ways, with agroturismos such as La Granja and yoga retreats such as Soul Adventures replacing superclubs. [lagranjaibiza.com](https://lagranjaibiza.com); [souladventures.com](https://souladventures.com)

### West Texas, USA

Austin has been on the radar for food and music lovers for years, but the drive out West, to artsy mecca Marfa and Big Bend National Park, is what US road trip dreams are made of. Book El Cosmico in Marfa – it's the most stylish trailer park on the planet. [elcosmico.com](https://elcosmico.com)

### St Anna Archipelago, Sweden

This pristine spot, dotted with thousands of tiny, mostly uninhabited islands, really delivers on accessible, affordable adventure. Do The North offers self-guided kayaking and wild-camping trips. [dothenorth.com](https://dothenorth.com)

### Atlas Mountains, Morocco

Marrakech is perfect city break material, but a couple of hours' drive brings you to the foothills of the Atlas Mountains, where a pioneering, British-run eco-lodge, Kasbah du Toubkal works closely with local communities. [kasbahtoubkal.com](https://kasbahtoubkal.com)

### Bavaria, Germany

Munich makes a great starting point for a biking (or hiking) tour of the magnificent Bavarian Lakes. As well as secluded valleys, there are spectacular views of the Karwendel Alps, picturesque towns offering beer and strudel and geographic wonders such as the Garmisch Partenkirchen gorge. *Departures* by Anna Hart is out now

## WHERE TO GO FOR...

# the great outdoors

## DARK SKY IN ARIZONA, USA

Thirty minutes from Phoenix, Adero Scottsdale is set firmly in the awesome 'Dark Sky Park' of the Sonoran desert. Ninety-five per cent of the 177 rooms in the six-storey resort have panoramic views on to Arizona's rugged Four Peaks and the McDowell mountain range and guests are ten minutes from canyon trails, as well as being able to enjoy the knowledge of on-site 'star dudes' who offer evening telescope tours of that famed dark sky. Like, whoa. [aderoscottsdale.com](https://aderoscottsdale.com)

## SURPRISE! TRAVEL IN THE ALGARVE, PORTUGAL

For a 2021 that involves a good sort of unknown, Quinta do Lago has launched a family holiday package that keeps the activity blindfold on until you check in. Before arrival, the group answers three questions about its ideal holiday and the resort comes up with an itinerary to include outdoor adventure (from triathlons and watersports to clam picking), while a drive-in cinema, live music and picnics come as standard. [quintadolago.com](https://quintadolago.com)

## | → | SOCIALLY DISTANT SAFARI AT LEPOGO LODGES, SOUTH AFRICA

Make an off-grid remote wilderness even more remote (without compromising luxury) by hiring all five of the stilted villas at Lepogo Lodges, Noka Camp in Lapalala Wilderness Reserve. Perched on a 100ft cliff top overlooking the Palala River, each villa has a private pool and floor-to-ceiling windows. While you may not spot many people, you *will* be in with a good chance of seeing the Big 5 (leopards, elephants, lions, rhinos and buffalos). [lepogolodges.com](https://lepogolodges.com)



## FIVE PLACES TO ROAM IN THE UK

by Jini Reddy

### The Isle of Lewis

The remote Hebridean isle is blessed with powder-white beaches that wouldn't look out of place on a Caribbean postcard. On a sunny day, the rock formations (left), Mangersta Beach and cliffs on the West coast are a hardy walker's paradise.

### The Isles of Scilly

Just 28 miles from Cornwall and warmed by the Gulf Stream, this wildflower-strewn, wildlife-rich archipelago is the go-to for a gentler brand of wildness, with two walking festivals in 2021.

### Shropshire Hills

For those seeking less-trodden paths in this Area of Outstanding Natural Beauty, hike over the Long Mynd and through the Stiperstones National Nature Reserve.

### Pembrokeshire Coast Path

Tiny bays, ragged cliffs, beachfront cafés and other wonders await you at every turn on this jaw-dropping 186-mile-long path.

### South West London

And why not? With Richmond Park, beloved of deer and cyclists, vast Wimbledon Common and the Royal Botanic Gardens at Kew, this area is a wildlife haven. *Wanderland: A search for magic in the landscape* by Jini Reddy is out now

Photographs: Alex Teuscher, Dana Allen; Adobe Stock



WHERE TO GO TO...  
*be alone, together*



| ↑ | LENGISHU, KENYA

If the only animal left on your Big 5 checklist is the rhino, go to Borana Conservancy. Black and white varieties are successfully bred here thanks, in part, to the guests of Lengishu, whose visits help to support the conservation work. Spectacularly set into a ridge at 6,000ft, with rolling views over the Laikipia plains, this family home has six bedrooms within a cluster of stone cottages. Start the day watching the sun rise from your private balcony, head to the bush for breakfast, visit a flower market, go mountain biking, spy animals from the pool and, above all, enjoy the seclusion. [lengishu.com](http://lengishu.com)

THORPE MANOR, OXFORDSHIRE

Surrounded by 200 acres of estate land, this stunning Georgian manor house is a top spot for immersion in the British countryside. Its 14 bedrooms are available for exclusive use only, and owners Henry and Natasha and a brilliant house team are on hand to help you make the most of your new home. Ask them to arrange a wine or whisky tasting, flower arranging classes or falconry. Settle in front of the fire in the oak-panelled cinema room, bathe in a restored mosaic tub or play croquet. Or venture a few miles beyond the gates for a day of tank driving and survival training. [thorpemanorhouse.co.uk](http://thorpemanorhouse.co.uk)

TIVOLI PALÁCIO DE SETE AIS, PORTUGAL

If you seek something palatial for a large gathering or a multi-gen break, try this 30-room gem. There's plenty of space, and, not surprisingly for a former royal residence, the interiors are filled with tapestries and chandeliers. Bedrooms offer views of the gardens, pool or wooded mountains behind, and there's an Anantara spa. With Unesco-listed Sintra on your doorstep, there's plenty of opportunity to go antique shopping or get lost among the colourful townhouses and cobblestone streets. [tivolihotels.com](http://tivolihotels.com)

| ← | PARAGON 700, PUGLIA

The distinctive red façade of this 11-room palazzo is even more striking given the dazzling whitewashed city of Ostuni forms its backdrop. Paragon 700's four-year restoration was a labour of love for its interior-design owners, whose previous projects include hotels and restaurants in Cape Town and New York. Fireplaces, stone vaults and frescoed ceilings date from the 17th century, while antiques have been sourced from across the world. Want a memento to take home? You can buy some of the furniture. The subterranean former water cistern is now the spa and there's an outdoor pool. Head to the coast on the hotel's private boat or reserve a sun lounger at its beach club. [paragon700.com](http://paragon700.com)



WHERE TO GO FOR...  
*new experiences*

EMILIA ROMAGNA, ITALY

Gastronomes will already be familiar with Bologna's pasta, Modena's balsamic and Parma's ham, but this less-trodden region in northern Italy is also something of a cultural hotspot. The coastal party town of Rimini recently welcomed PART, a new contemporary art museum in a pair of restored buildings. And a short hop up the coast to Ravenna lets Dante admirers track the places that inspired *The Divine Comedy* through events being held in 2021 to commemorate seven centuries since the poet's death. [emiliaromagnaturismo.it](http://emiliaromagnaturismo.it)



| ← | SHETLAND ISLANDS

The Shetland Islands have surprisingly little rain given their position between Scotland and Norway. For a true sense of reconnecting with nature, these remote islands are hard to beat, with their unspoilt beaches and secluded coves. Go to visit the precariously perched Muckle Flugga lighthouse, the islands of Unst and Yell – the most northerly part of Britain – and the RSPB's Sumburgh Head for bird-watching and sea mammal spotting (dolphins, porpoises, killer and minke whales). Still not remote enough? Take a short flight to Fair Isle, home of knitwear and fewer than 60 people, where the only place to stay is the bird observatory. It will reopen (following a fire) later in 2021. Take a stick to deter the dive-bombing skuas. [shetland.org](http://shetland.org)



Photographs: Backdrop Agency; Gregory Veneri; Henrik Blomqvist; Kitiikhun Prakrajang



## SAN DIEGO

In a normal year, 130,000 superfans make the pilgrimage to San Diego for Comic-Con, many spending thousands on costumes of their favourite characters. Now they'll be able to dust off their Chewbacca suit and submerge themselves in this world every day of the week thanks to the opening of a new museum dedicated to comics and pop culture, film and TV. [sandiego.org](http://sandiego.org)

## | ↓ | JAPAN

The eyes of sports fans around the world will be glued to Japan in 2021 as it prepares (for a second time) to host not only the Tokyo Olympic and Paralympic Games, but also the World Masters Games in Kansai and Aquatics Championships in Fukuoka. At the time of writing, a final decision on spectator numbers was still to be made, but visitors who don't get into a venue have plenty to explore – take the bullet train west from the capital to the Alps, go diving in Okinawa or recharge with an immersion in onsen culture on the thermal island of Kyushu. [japan.travel/en](http://japan.travel/en)



## FIVE PLACES FOR ART & CULTURE

by Neil Wenman,  
Partner, Hauser & Wirth



### The Fife Arms, Aberdeenshire

Described by many as the hottest hotel in Scotland, The Fife Arms is unmissable. Head to the Cairngorms National Park and marvel at original paintings and commissioned installations throughout the hotel, including a Lucian Freud in the lobby, a Picasso in the drawing room and a Brueghel in the Clunie dining room (which serves the best food for miles). The hotel is a treasure trove of art and taxidermy arranged in Victorian splendour, courtesy of interior designer Russell Sage. Ask for the 'Artist's Studio' bedroom. [thefifearms.com](http://thefifearms.com)



### Oslo

Oslo is a great weekend getaway for contemporary art, with incredible collections within a short cab ride of each other. Head uphill to the Ekbergparken for a panoramic view over the city (a great way to get your bearings). Visit the James Turrell sky room or walk the sculpture trail to see works by Roni Horn, Louise Bourgeois, Tony Oursler and Damien Hirst, before hitting the new Edvard Munch Museum. The National Museum is set to open in 2021 in the harbour district. [ekbergparken.com](http://ekbergparken.com); [munchmuseet.no](http://munchmuseet.no); [nasjonalmuseet.no](http://nasjonalmuseet.no)



### Northern Spain

A long weekend on the coast here offers the perfect mix of art, architecture and good food. Visit the Guggenheim Bilbao to experience Frank Gehry's distorted interiors, head to San Sebastián for fine dining at Astelena or Arzak, then go to Chillida Leku sculpture park, and on to Santander to Centro Botín, a new private museum designed by Renzo Piano. [centrobotin.org](http://centrobotin.org)



### Shanghai

Shanghai has an abundance of contemporary art. Westbund by the river hosts many private museums, including the gigantic converted oil tanks that have become Tank Shanghai and the recently opened Louvre. Lunch on hairy crab in the French Concession district, and end the evening at the Park Hyatt bar on level 87 overlooking the river. [tankshanghai.com](http://tankshanghai.com)



### Menorca

Nowhere's better off season than Menorca. The crowds have left, and the sea is still warm. Visit the Mercat de Peix in Mahón to grab the freshest shellfish and a loaf of bread, then drive to a deserted beach near Es Grau for a bonfire and lots of local Binifadet wine. Hauser & Wirth opens a gallery in Menorca in 2021 on Isla del Rey, where modern art meets the vast blue sea. [hauserwirth.com](http://hauserwirth.com) ☺



## WHERE TO GO FOR... *a greener stay*



### | ↓ | HOLKHAM, NORFOLK, UK

Holkham has ambitions to be 'the UK's most pioneering and sustainable rural estate'. In 2012, it resumed control of the 10,000 nature reserve and has already increased biodiversity and bird populations by 50 per cent. Its popular Victoria Inn, located at the gates to the main Palladian hall, not far from the sandy beach, sources ingredients either from the estate or within a 50-mile radius. Estate vehicles are electrified and guests, who stay in unique lodges, are encouraged to record wildlife spots in a nature diary. [holkham.co.uk](http://holkham.co.uk)



### | ↑ | SVART, NORWAY

With Snohetta's portfolio already covering Europe's first underwater restaurant (fittingly called Under), Oslo's Opera House, whose walkable exterior seems to rise from the water, and Norway's new banknotes, it's unsurprising that the Norwegian architect's latest project is another astonishing concept. Set to open in 2022 in a remote northern area, Svart ('black'), hopes to become the world's first hotel to create more energy than it uses, aiming to go off-grid within five years. Resembling the lair of a Bond villain, the glass-fronted wooden structure looks to local building traditions for design inspiration and will have uninterrupted views over the nearby Svartisen glacier. An awareness and care for nature is entrenched in the Norwegian psyche, and this will be reflected throughout the hotel – its sustainable farm will supply ingredients for the four restaurants, an indoor-outdoor spa will use locally-grown herbs and marine ingredients and includes a sound-healing studio, and water transfers will be made via electric boats. Both day and overnight guests at the 99 rooms can sign up to a programme that makes the most of the remote surroundings – yoga in the midnight sun, diving, foraging, glacier ice-climbing. Opening rates are yet to be revealed but you can expect them to be high. [svart.no](http://svart.no)



## FOOD & DRINK

*by Bill Knott, food and drink writer and occasional chef, whose Gannet column in the FT spanned three decades*

### Istanbul

Atop the new JW Marriott hotel sits Octo, where chef Jorge Costa offers a crafty fusion of local ingredients and Portuguese techniques. Take to the terrace and feast on *arroz de mariscos* (shellfish and rice) as the lights twinkle on the Bosphorus. [marriott.co.uk](http://marriott.co.uk)

### Florence

Bottura protégée Karime López serves an eclectic Italian menu in the stunning Gucci Osteria da Massimo Bottura within the fashion house's Florence museum. Her Michelin-starred menu has hints of her Mexican roots (purple corn *tostada* with bonito) but her Emilia burger is firmly planted in Bottura's beloved Modena. [gucci.com](http://gucci.com)

### Porto

Porto has attracted oenophiles for centuries, but World of Wine offers a compelling new reason to visit. The ambitious project – housed in renovated port cellars in Vila Nova de Gaia – offers six 'experiences' and nine cafés, bars and restaurants, including the upscale 1828 restaurant and the supremely well-stocked Angel's Share wine bar. [wow.pt](http://wow.pt)

### New York

Few chefs have CVs as stellar as Aussie-born Shaun Hergatt: two Michelin stars at SHO, then another star at Juni, as well as a clutch of best chef awards. His new SoHo joint, Vestry, offers a fish and vegetable-based menu with Japanese accents – red beets with preserved plum, smoked scallop with avocado and yuzu – plated in painterly style. [vestrynyc.com](http://vestrynyc.com)